

# Counselling Skills

**25 February 2010**

**9.30am—4.00pm**

**King Alfred's College, Centre Site, Portway,  
Wantage, Oxon, OX12 9BY**

Training  
School

**A workshop for professionals working  
with young people**

Not everybody wants or needs to become a counsellor but lots of people need counselling *skills* in their work with young people. Professionals already have skills: this course will be an opportunity to develop those skills, understand some theory, try out different approaches and develop the confidence to go a little bit further in conversations with young people without feeling overwhelmed. We will think together about some of the unspoken communication between people, the things *not* said, the feelings buried or disguised. Although there will be some theoretical input, the emphasis of the day will be practical and experiential. We will share ideas, experiences and learn together.

The day will be of particular interest to professionals working with young people in education, health, social services or other professional contexts.

The workshop will be led by **Nick Luxmoore**. Nick has worked with young people and staff in Oxfordshire for 30 years as a school counsellor, youth worker, teacher and psychotherapist. He currently works as a counsellor with students and staff at King Alfred's College, Wantage. He is the author of *'Listening to young people in school, youth work and counselling'* (Jessica Kingsley 2000), *'Working with anger and young people'* (Jessica Kingsley 2006), *'Feeling like Crap: Young People and the Meaning of Self Esteem'* (Jessica Kingsley 2008) and *'Young People In Love and In Hate'* (Jessica Kingsley 2009).

The cost of the workshop is £115 per person (includes lunch, coffee etc). For applications received by 31 January 2010, the cost will be £95. To book a place, fill in and return the tear-off slip as soon as possible. For further information, contact Kate Baker on 01235 225774 or email [trainingschool@kingalfreds.oxon.sch.uk](mailto:trainingschool@kingalfreds.oxon.sch.uk)



## **COUNSELLING SKILLS – 25 February 2010**

Name:

Organisation / field of work:

Contact address:

Telephone number:

E Mail Address:

**SPECIAL REQUIREMENTS** – do you have any particular requirements which we need to take into account when you attend this activity, for example, access, hearing, visual impairment?

**YES / NO** – if you answered yes you will be contacted to discuss your requirements

**ANY SPECIAL DIETARY REQUIREMENTS:**

If paying by cheque, please enclose a cheque for £115 (£95 for applications received by 31 January 2010) made payable to 'Oxfordshire County Council'. Return slip with cheque to Kate Baker, King Alfred's College, Portway, Wantage OX12 9BY.

If you would like an invoice to be sent, please tick here

If you are an OCC school and would like an internal recharge, please tick here

Please see overleaf for terms and conditions.

## TERMS AND CONDITIONS

**1. Cancellations will incur the following charges:**

- |                                     |                   |
|-------------------------------------|-------------------|
| • More than 4 weeks prior to course | No charge         |
| • 2-4 weeks notice given            | 50% of course fee |
| • Less than 2 weeks notice given    | Full fee          |

- 2. If you do not attend the course without previously informing us, the full course fee remains payable.**
- 3. Should circumstances mean that you need to transfer to an alternative date, a £25 administration charge will apply if less than 2 weeks notice is given.**
- 4. Full payment for the course is required one week before the course date.**
- 5. King Alfred's reserves the right to cancel any course if there are insufficient numbers to run a viable course. In such circumstances you will be given as much notice as possible and the offer of a free transfer to another course date, or a full refund of fees paid.**